



Star Henderson and Tara Crooks have joined forces and a combined 20 years' experience as military spouses to run an Internet

Radio Show Helps Spouses

radio show — ww.armywifealkradio.com — that provides important information to military spouses. The show covers topics such as how to solve family challenges when a spouse is deployed and how to navigate the military's health care system. The recorded show is available on the site each Monday, but the two hosts

hope to broadcast live in the near future. "The show became a community thing, where I've got loyal listeners that are probably following my life, wondering what is going to happen to the Crooks' household today," Crooks says. "And ... people [call] in and [share] their stories. It makes me feel that I'm not alone."

Registration ends April 2 for Air Mobility Expeditionary RODEO 2007, which takes place July 22-28 at McChord AFB, Wash. Officials expect more than 100 teams and 2,500 people to participate from the U.S. and internationally. U.S. Air Force teams can register online on DoD computers at the RODEO 2007 Web site, <https://private.amc.af.mil/rodeo>.

RODEO began in 1962 as a combat skills competition designed to develop and improve techniques and procedures while enhancing air mobility operations and promoting esprit de corps. In 1979, RODEO expanded to include international air mobility partners. The competition tests the flight and ground skills of aircrews as well as the related skills of special tactics, security forces, aerial port operations, aeromedical evacuation, and maintenance team members. A long-term benefit of RODEO is increased cooperation among air mobility forces from several countries. It also provides valuable joint and combined training for all participants.



A new initiative called "Parent to Parent" brings military parents together to teach and learn how to be the best advocates for their children. The workshops show parents how to help their children get the most out of homework and prepare for moves from one school to another, how to prepare for parent-teacher conferences, and how transitioning families should deal with special-needs situations.



Other workshops help military families prepare students for high school and college applications. Many schools use video-conferencing systems to help deployed parents communicate with their children's schools. The Army Community and Family Support Center's Child and Youth Services and the Military Child Education Coalition fund the program. Visit www.militarychild.org to learn more.